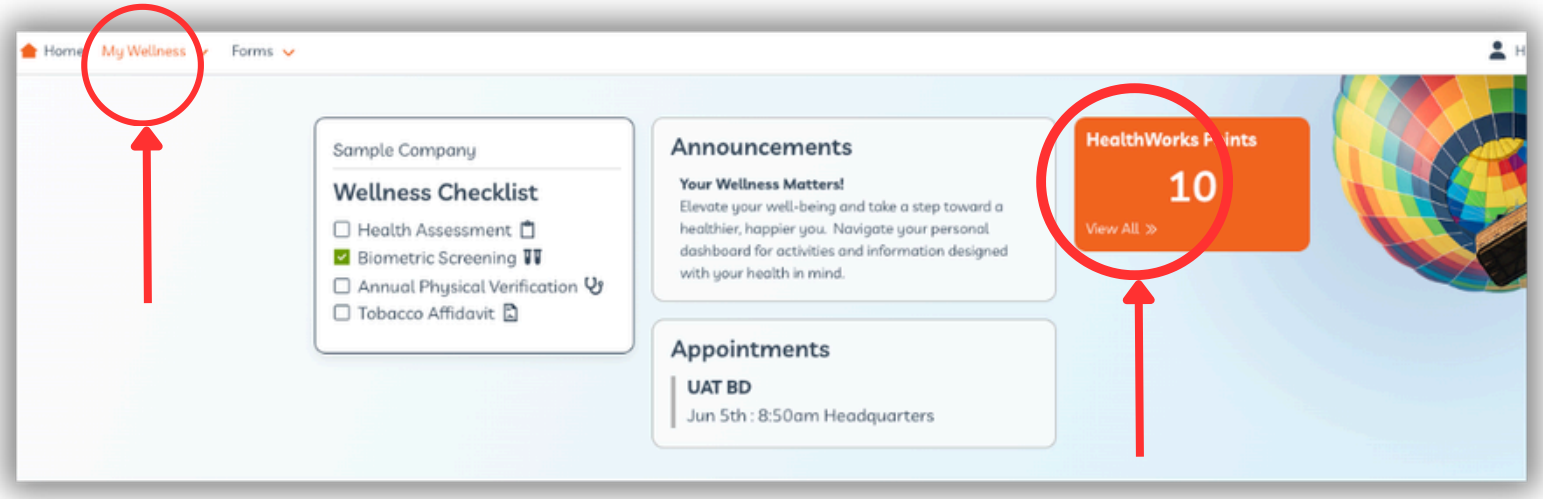
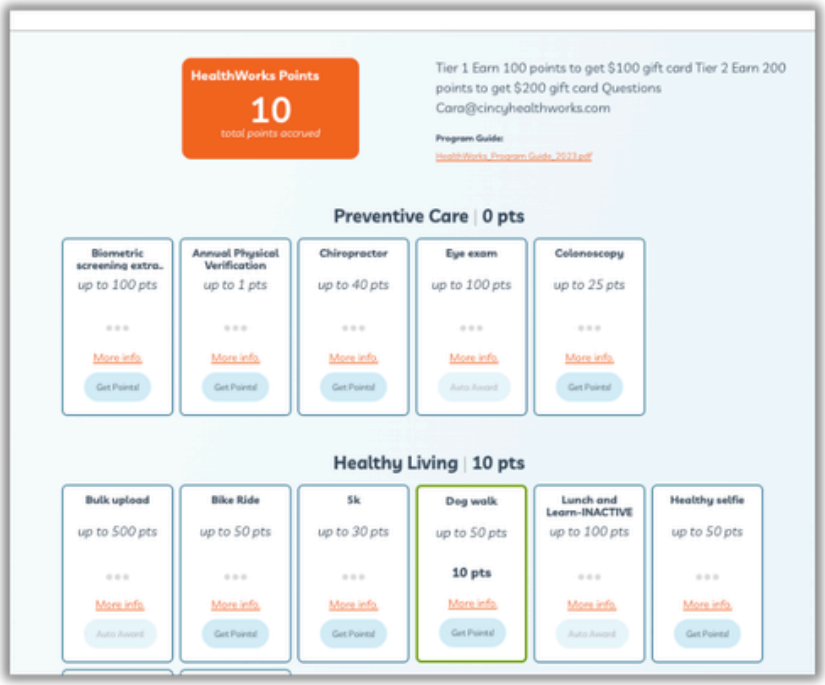
How to Access the Health Activity Tracker



How to View Your Activities & Points:

- Go to **www.myhealthworksportal.com** & login to your personal dashboard
- Click on the orange **Health Activity Tracker** tile to get to your company's wellness activities & point values page
- Dates and deadlines are listed at the top of the page
- Activities are either self-reported, automatically awarded, or require proof for verification
- Click **More Info** on each activity for details
- Click the **Get Points** link to upload proof or self-report
- Watch the orange Health Activity Tracker Points tile for your total points



Questions?
Contact us at 513-751-1288
OR: email Help@integratedhealth21.com