

Transition of Care

EAP Counseling

We are pleased to provide you with some important information about your Employee Assistance Program (EAP). Effective April 1, 2024, you will be transitioning to ComPsych for your EAP. ComPsych provides a large provider network and every call is answered by a trained behavioral health professional. During this transition, we want to assure you that any pending employee assistance needs will not be interrupted.

Our priority is your well-being, and we have taken measures to ensure a seamless transition. Your current EAP provider, Uprise Health, will permit those in the midst of a three-counseling session series, to complete all three sessions with the same provider if done within 90 days of the plan's transition to ComPsych.

ComPsych is also committed to maintaining the high level of confidentiality and care that you expect. ComPsych has safeguards in place to prevent interruption of ongoing assistance needs. To confirm whether your current provider is part of the ComPsych network:

- Call ComPsych at 855-239-0743 and provide your company name and policy number.
- Confirm your current provider's network status with ComPsych.
 - If your current provider is in ComPsych's network, you will be eligible for three sessions immediately.
 - If your current provider is not in network, the ComPsych clinician will work with you to establish the best course of action for your mental health treatment.



We appreciate your continued trust in Guardian's commitment to supporting your mental health.

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New York, NY
2023-166639 (1/26)

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