Arhaus 2023-2024 <u>Well</u>ness Program



Here at Arhaus, the health of our employees and their families is a top priority. To encourage you to take charge of your health, Arhaus offers the opportunity to earn Tokens to earn your medical insurance premium discounts.

Program Dates: July 1, 2023 - November30 , 2024 Token Earnings: July 1, 2023 - September 30, 2024

For questions regarding the portal, logging in or device connectivity, contact Customer Support at <u>support@peopleonehealth.com</u> or (888)-330-6891. For questions regarding your company program, please contact Matthew DiBattiste at mdibattiste@arhaus.com.





Employees covered on an Arhaus medical plan have the opportunity to earn Tokens to apply to your medical insurance premium discount.



For the duration of the 2023-2024 Arhaus wellness program, you have the opportunity to earn Tokens for the following health-focused activities:

- Preventive Care Visit & Preventive Care Sign-Off
- Age- and Gender- Appropriate Screenings
- Tobacco/Nicotine Waiver



Complete quarterly wellness activities to earn Tokens

- Wellness challenges
- Participating in active minutes challenges
- Healthy Food choices
- Wellness Education
- And more!

Tokens will add cumulatively throughout the program and will be applicable to your premium incentive discount and will be applied to the upcoming plan year, January 1, 2025 - December 31, 2025.

Please note: Those who are not covered on an Arhaus medical plan still have the opportunity to participate in earning Tokens (will not be applied to any premium discount) and the opportunity to earn raffle entries for fun prizes!





How-to earn your premium incentive discount:



To participate in your Wellness Program and submit any forms, please visit your <u>PeopleOne Health portal</u>.

To activate your PeopleOne Health portal account:

- 1.Go to portal.peopleonehealth.com
- 2. On the right hand side, under 'Create Account', click 'Create your account with Member ID or SSN, Name and Birthday instead.'
- 3. Enter your last name, date of birth and last 6 digits of your Social Security number, check 'I'm not a robot' and then click 'Create Account'
- 4. You're all set! Go to portal.peopleonehealth.com and log-in using your email address and password
- 5. When logging in, in the future after your account has been created, you will go to portal.peopleonehealth.com and enter your email address and password under 'Sign-in'

Scan this QR code to create/login to your PeopleOne Health account!







Download the PeopleOneHealth App in the Apple or Google Play store and take your wellness program on-the-go!







